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² Biofabrication of copper oxide nanoparticles mediated with *Echium* ³ amoenum petal extract for evaluation of biological functions

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AQ1 Abstract

⁹ In this study, *Echium amoenum* (known as borage) petals, popular as a medicinal herb, was used for producing copper nanoparticles
 ¹⁰ (CuO NPs) for the first time. Since borage metabolites are bioactive, they were used as bioreductive agents for synthesizing CuO

¹¹ NPs. For this, phytochemical compositions of EA extract were analyzed qualitatively before fabricating CuO NPs. Various measure-

¹² ments were conducted to characterize the CuO NPs, including UV–vis, FTIR, SEM–EDS, TEM, XRD, DLS, and the zeta potential.

¹³ Additionally, EA-CuO NPs were examined for antimicrobial, free radical scavenging and cytotoxic activities. The surface plasmon

- ¹⁴ resonance peak of the EA-CuO NPs was identified as 346.6 nm based on UV–visible spectroscopy. FTIR spectra proposed possible
- ¹⁵ functional groups associated with EA-CuO NP formation. According to the SEM and TEM images, the EA-CuO NPs were spherical
- ¹⁶ and ranged from 30 to 40 nm. The crystallites were estimated to be particulate at 28.5 nm in size, with the copper-to-oxygen ratio of
- ¹⁷ 60.16:24.96 determined by XRD and EDX. There was an approximate IC_{50} value of 35.46 µg/ml for the DPPH and 70.11 µg/ml for the
- ¹⁸ H₂O₂ scavenging activity of EA-CuO NPs. A MIC value of 80 µg/ml was obtained for EA-CuO NPs against *Staphylococcus aureus*,
- ¹⁹ Staphylococcus saprophytic, and Klebsiella pneumonia. However, MIC values for EA-CuO NPs against Pseudomonas aeruginosa
- ²⁰ and *Candida* species were 160 and 600 µg/ml, respectively. Based on the findings, EA-CuO nanoparticles have the potential to be
- ²¹ used as an alternative to antibiotics to treat antibiotic-resistant pathogens. Given this, it would be prudent to conduct detailed studies
- ²² into the mechanism of action and side effects of EA-CuO NPs before they are applied as antimicrobial agents for therapeutic purposes.

²³ Keywords Biogenic CuO NPs · Antibacterial activity · Antifungal activity · Antioxidant capacity · Echium amoenum

²⁴ 1 Introduction

Recent studies have found that most common antimicro bial compounds are no longer effective against at least
 some bacteria due to increasing antibiotic resistance [1].

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Nanotechnology is a new research area recently introduced to medicine and treatment. Though nanotechnology has been able to solve many problems in various sciences, concerns exist regarding their host toxicity and environmental challenges in medical sciences. Since metal NPs are widely distributed throughout the environment and cause poisoning when consumed or exposed to living organisms, various research efforts have been conducted to improve their properties, reduce their toxicity, and increase their biocompatibility [2]. Even with some limitations, metal nanoparticles are still promising therapeutic agents, especially for cancers and other drug-resistant diseases. Currently, scientists are developing alternatives to synthesizing metal NPs that reduce their toxicity and improve their consumption. Many scientists are currently looking into the possibility of engineering green NPs by bioactive molecules and living organisms. Various metal NPs with favorable biological properties have been synthesized using polysaccharides, fatty acids, proteins, nucleic acids, and other biomolecules [3, 4].

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47 Cu and CuO NPs are applied in many industries, including textiles, paints, and agriculture, due to their moderate toxic-48 ity, favorable stability, and cost-effective production. Several 49 50 studies have demonstrated that CuO NPs have promising antimicrobial, antioxidant, antiviral, and anticancer properties [3]. 51 Cu-based NPs can be produced physically, chemically, or bio-52 logically depending on the intended purpose. Therefore, the 53 properties of the desired products must be considered [5]. CuO 54 NPs with biological applications can be fabricated using vari-55 ous techniques, including combinations of biological and non-56 biological approaches. Exploiting plant bioactive compounds 57 to prepare Cu NPs with therapeutic and medicinal potential is 58 an intriguing opportunity. In the meantime, medicinal plants 59 are effective because they are non-toxic, and their metabolites 60 are known to have medical properties. 61

E. amoenum is an annual plant in the family Boragi-62 naceae, Echium genus. It is considered one of the most 63 important herbal medicines in traditional Iranian medicine. 64 65 Several bioactive compounds have been found in the purpleblue petals of E. amoenum, including polyphenols, antho-66 cyanins, glucosides, and others [7]. These compounds are 67 68 known for their health-promoting properties [8, 9]. There is a high reducing capacity in the metabolites of E. amoenum 69 that allows them to form and stabilize metal NPs [10]. It 70 has been demonstrated that copper, silver, gold, zinc, sele-71 nium, and iron NPs can be synthesized biologically using 72 the metabolites of *E. amoenum* [6]. 73

This study aims to produce biogenic CuO NPs by using the hydroalcoholic extract of *E. amoenum* as a reducing and capping agent. Afterward, CuO NPs were investigated for their antimicrobial, antioxidant and cytotoxic activities.

78 2 Experimental

79 2.1 Chemicals and reagents

MTT reagent ((3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetra-80 zolium bromide), crystal violet, and Folin-Ciocâlteu reagents 81 were purchased from Sigma Aldrich chemical company. 82 CuSO₄·5H₂O, H₂SO₄, and BaCO₃ were provided by Merck 83 Chemical Co. (Germany, USA). All other chemicals were 84 85 laboratory-quality as received. The standard bacterial strains, including methicillin-resistant Staphylococcus aureus, MRSA 86 (ATCC 33591), Klebsiella pneumoniae (ATCC 700603), and 87 88 Staphylococcus saprophyticus (ATCC 6538P) and multidrugresistant Pseudomonas aeruginosa (Clinical isolate), Candida 89 glabrata (ATCC 90030), and Candida albicans (ATCC 10231), 90 were provided from a microorganism culture collection by the 91 Iranian Research Organization for Science and Technology 92 (IROST), Tehran, Iran. The KB cell line was sourced by the 93 cell bank of the Tehran Pasteur institute, Tehran, Iran. 94

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2.2 Plant sample preparation and ethanol extraction

The petals of E. amoenum were collected from the Khor-97 ramabad Mountain area (Lorestan, Iran). The petals were 98 washed with deionized water and dried in the dark for 99 10 days. After that, 5 g of the dried petals was extracted 100 in 100 mL of ethanol under incubation conditions at 45 °C 101 by a bath-sonication. After 6 h, the ethanol extract of E. 102 amoenum (EA extract) was passed through a Whatman filter 103 paper. The filtrate of EA extract was used to synthesize CuO 104 NPs and phytochemical studies. 105

2.3 Qualitative phytochemical Analysis of EA extract 106

2.3.1 Total phenolic and flavonoid contents

Total phenols in the E. amoenum petal extract were deter-109 mined using the Folin-Ciocalteu (FC) colorimetric method. 110 Briefly, 1.0 mg of EA (ethanol solution) was mixed into 111 3 mL of 10% (V/V) FC reagent and 1.0 ml of Na_2CO_3 (5%, 112 W/V). The sample was then vortexed for 30 min and incu-113 bated for 15 min at 45 °C. Assays of total flavonoids were 114 conducted by adding methanol solutions of Al(NO₃)₃ (10% 115 W/V) and Pb($C_2H_3O_2$)₂ (0.1% W/V) to EA extract. The 116 change in color of the reaction solution showed that flavo-117 noids were present in the extract [11]. 118

2.3.2 Total tannin content

The total tannin content in the EA extract was confirmed using the FeCl₃ reagent. The appearance of blue or green colors usually indicates the presence of condensed or hydrolyzed tannins [12].

2.3.3 Total saponin content

The saponin content of the EA extract was determined by
adding 10 mg of the extract to 10 ml of deionized water.125Saponins were detected by forming a foam layer over the
solution after shaking vigorously [12].128

2.3.4 Total alkaloid assay

The alkaloids in the EA extract were detected using Hag-130er's reagent. Picric acid (1%) and EA extract in a ratio131of 2:1 were mixed in a glass container. The presence of132alkaloids in the EA extract was demonstrated by forming133a yellow precipitate in the sample [12].134

2.3.5 Total terpenoid assay 135

Five milliliters of EA extract was added to 2 ml chloroform 136 in a 10-ml glass tube. Afterward, 3 ml of H₂SO₄ (98%) was 137 gently added to the reaction sample and allowed to react. 138 After a few min, terpenoids were detected by forming a 139 reddish-brown ring interface in the reaction solution [13]. 140

2.3.6 Total steroidal glycoside 141

The presence of glycosides was evaluated using two different 142 methods. In the first method, 2.0 ml of acetic acid (glacial) 143 was mixed with 2.0 ml of chloroform and added to 2.0 ml of 144 EA extract. In the meantime, the mixture was cooled, and 145 then 1 ml of H_2SO_4 (98%) was added. The appearance of 146 green color indicates glycan aglycone steroidal glycoside in 147 the reaction sample [13]. For the second method, 2.5 ml of 148 glacial acetic acid was mixed with 0.5 ml of FeCl₃ solution 149 (1% W/V) and then added to 5 ml of EA extract. The forma-150 tion of a brown ring has been attributed to cardiac steroidal 151 glycosides after adding 1 ml of H_2SO_4 [12]. 152

2.4 Biosynthesis of CuO NPs by EA extract 153

In this study, CuO-NPs were fabricated using ethanol 154 extract of EA as a capping and reducing agent following 155 a hydrothermal process described by Prakash et al. (2021) 156 under optimal conditions [14]. In a 250-ml flask, 20 ml of 157 EA extract was dissolved in 40 ml deionized water (DW). 158 Forty milliliters of CuSO₄·5H₂O (3 mM) solution was added 159 to the EA extract while stirring on a magnetic hot plate at 160 65 °C. Changing the color of the reaction sample from blue 161 to brownish-red implied the formation of EA-CuO NPs. 162 Additionally, the formation of EA-CuO NPs was monitored 163 using a UV-visible spectrophotometer (Jenway UV-vis 164 model 6505, UK) at 200-800 nm. The EA-CuO NPs were 165 then precipitated using centrifugation at 14,000 rpm at 4 °C 166 for 15 min. To dry the pellets, they were first washed twice 167 in DW and then placed in an oven at 100 °C. 168

2.5 Characterization of biogenic CuO-NPs 169

The physicochemical characteristics of EA-CuO NPs were 170 examined using the following analytical methods. 171

172 FTIR spectroscopy was used to investigate possible functional groups in biogenic CuO NPs. For this purpose, EA-173 CuO NP powder was mixed with KBr and filled into discs at 174 high pressure. The FTIR spectrum was recorded on an FTIR 175 spectrophotometer (FS 66/s, Bruker Optics, Billerica, MA) 176 over a scanning range of 400–4000 cm⁻¹. FE-SEM imaging 177 and energy-dispersive X-ray analysis (MIRA3, TESCAN, 178 Czech Republic) were performed to analyze the morphology 179

and elemental composition. ImageJ Ver.2 (NIH, USA) soft-180 ware was used to calculate particle size distributions from 181 SEM images. TEM image was taken on Philips EM 208S 182 (Netherlands). X-ray powder diffraction analysis was con-183 ducted using an X-ray diffractometer (Bruker, D8 Advance, 184 Germany) equipped with Cu K radiation of 0.15418 nm at 185 30 kV and 15 mA applying a scanning rate of 0.4°/min from 186 10 to 80°. The crystallite size and phase type of EA-CuO NPs were calculated using XPert HighScore Plus software Ver.2.2. 189

2.6 Antimicrobial assay

The antimicrobial activity of EA-CuO NPs was evaluated by 191 well-diffusion agar (WDA). In the 8-cm diameter bacterial 192 culture plates, 4 wells were created using a sterile punch. 193 Then, fresh bacterial cells were lawn on agar plates using a 194 sterile cotton swab. Thirty microliters of different concen-195 trations of EA-CuO NPs (25, 50, 100, and 200 µg/ml) were 196 separately poured into the wells. The plates were incubated 197 at 37 °C for 24 h to appear growth inhibition zones. Micro-198 dilution method was used to determine the minimum inhibi-199 tory concentration (MIC). This experiment was conducted 200 in a 96-well microplate in which 35 µl dilutions of EA-CuO 201 NPs (0-200 µg/ml) were added to 65 µl of MHB culture 202 media containing 0.5 McFarland densities $(1.5 \times 10^8 \text{ CFU})$ 203 ml) of bacterial cells. MIC values were determined by meas-204 uring the optical density of bacteria at 600 nm after 24 h of 205 incubation at 37 °C. Based on the MIC values, minimum 206 bactericidal concentrations were also calculated [15]. 207

2.7 DPPH scavenging assay

DPPH scavenging was used to determine the antioxidant 209 capacity of EA-CuO NPs and EA extract. For this purpose, 210 various concentrations of EA-CuO NPs or EA extract were 211 added to the DPPH reagent (0.15 mM in methanol). The 212 mixtures were placed in darkness for 30 min to allow the 213 reaction to complete. The ascorbic acid (AA) served as a 214 positive control. The scavenging efficacy of DPPH was cal-215 culated using the following Eq. (1): 216

Scavenging efficacy(%) =
$$\frac{\text{Blank (A0)} - \text{Sample (A)}}{\text{Blank (A0)}} \times 100$$
 (1) 218

2.8 Cytotoxicity assay of CuO-NPs

Human epidermal nasopharyngeal carcinoma (KB cell line) 220 was used for toxicity assessment of EA-CuO-NPs and EA 221 extract. EA-CuO NPs and EA extract cytotoxicity was exam-222 ined using different concentrations (0-500 µg/ml). Cells were 223 seeded in T-25 SPL culture flasks containing 5 ml of DMEM 224

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supplemented with 10% FBS until 70% confluence was 225 achieved. Afterward, treatments were conducted in 96-well 226 plates on 10⁴ cells in each well and incubation was done for 24 h 227 under standard conditions. The cell viability was determined by 228 adding 10 µl of MTT reagent to cell-grown wells and the plate 229 was incubated for 4 h. Then, 100 µl of DMSO was slowly pipet-230 ted into each well. Finally, the sample absorbance was measured 231 at 520 nm using an ELISA reader. Cell viability was calculated 232 as a percentage compared with untreated cells (negative control). 233

234 **2.9 Statistical analysis**

All experiments were conducted in triplicate and at least three times. The results are presented as the means and standard deviations (SD). Cell viability was compared between control (untreated) and treated groups using a oneway analysis of variance with a 95% confidence interval.

240 3 Results and discussion

241 3.1 Qualitative analysis of EA phytochemicals

Colorimetric analysis was employed to identify phytochemical 242 compounds in EA extract. As shown in Table 1, phenolics, fla-243 vonoids, tannins, alkaloids, aglycone steroidal glycosides, and 244 terpenoids were identified in the EA extract. Numerous studies 245 have previously established that E. amoenum contains major 246 bioactive metabolites such as rosmarinic acid, naphthoquinone, 247 flavonoids, anthocyanins, tannins, alkaloids, steroidal glyco-248 sides, and terpenoids [7-9, 16]. Additionally, bioactive metab-249 olites responsible for synthesizing the most NPs include poly-250 phenols, flavonoids, alkaloids, tannins, and reducing sugars [10, 251 17, 18]. Consequently, EA-CuO NPs synthesized by EA extract 252 have a high bioactivity that can be attributed to several active 253 metabolites that act on the NPs to reduce/cap and stabilize them. 254

255 3.2 Biosynthesis of EA-CuO NPs by EA extract

EA-CuO NPs were biologically synthesized using EA extract metabolites as reducing and capping agents. Upon adding the EA extract to the $CuSO_4$ solution, the color gradually changed from blue to brownish red due to EA-CuO NP formation (Fig. 1a). Reddish-brown color is attributed to inter-band transitions260between Cu electrons in CuO NP structures [19]. According to261the findings, the appearance of certain bands at 340–360 nm could262be attributed to clusters of [Cu–O–Cu]n in CuO samples [20].263

UV-vis spectroscopy demonstrated a typical surface plas-264 mon resonance peak at 346.6 nm (Fig. 1b). As calculated by 265 the Tauc equation, the band gap of EA-CuO NPs was 3.58 eV 266 during direct interband transitions (Fig. 1c). As reported in the 267 literature, there is a direct interband transition at 3.25 eV in 268 bulk CuO and an indirect band gap between 1.0 and 1.7 eV 269 [21]. According to this study, the bandgap of EA-CuO NPs was 270 larger than that of bulk CuO due to the magnitude effect of the 271 NPs. Furthermore, due to the narrow distribution of the parti-272 cles, it can be assumed that they fall within the nanoscale [22]. 273

3.3 Morphological characterization of EA-CuO NPs 274

EA-CuO NPs were analyzed using SEM and TEM images 275 to determine their shape and size distribution. As shown in 276 Fig. 2a and b, EA-CuO NPs ranged from 30 to 40 nm, as 277 indicated by the size labels in the SEM image. Although 278 SEM can reveal the surface morphology of NPs, it cannot 279 estimate their size accurately. According to Fig. 2a, regard-280 less of the accumulation of NPs in some regions, they 281 appeared as spheres covered by EA biomolecules. Further-282 more, the TEM image confirmed the SEM measurement 283 of NP size and capping (Fig. 2c). In the EDS spectrum of 284 EA-CuO NPs, prominent peaks correspond to Cu at 2.1 and 285 8.6 keV. The EDS pattern established carbon and oxygen 286 compartments in the backbone of EA-CuO NPs at 0.7 and 287 1.3 keV, respectively (Fig. 2d). As shown in Fig. 2 e, the 288 size distribution of EA-CuO NPs was determined using both 289 TEM and SEM scaling and ImageJ software to estimate the 290 particle size range. According to this graph, EA-CuO NPs 291 possessed 30-40 nm. In various studies, Cu NPs with bio-292 logical origins have been demonstrated to have irregular 293 shapes or a variety of nanostructures, including hexagonal, 294 cylindrical, triangular, and prismatic shapes with varying 295 particle sizes based on reducing and capping agents [23, 24]. 296

3.4 FTIR analysis

As seen in Fig. 3 a, the FTIR spectra demonstrated that functional groups in the EA extract metabolites play an 299

297

Table 1 Bioactive metabolites present in EA extract based on qualitative assay methods

Total phytochemical	Appearance	Result	Total phytochemical	Appearance	Result
Polyphenol	Blue	Positive	Alkaloid	Red	Positive
Flavonoid	Yellow	Positive	Terpenoid	Reddish-brown	Positive
Tannin	Violet	Positive	Saponin	_	Negative
Cardiac steroidal glycosides	_	Negative	Aglycone steroidal glycoside	Green	Positive

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Fig. 2 EA-CuO NP analytics. a, b TEM image, c SEM image, d elemental composition analysis (EDX), and e Particle size distribution

important role in capping and stabilizing the EA-CuO 300 NPs. An apparent peak at 3349.1 cm⁻¹ in the EA extract 301 spectrum was attributed to O-H stretching, which nar-302 rowly shifted to 3324.5 cm⁻¹ in the EA-CuO NP spec-303 trum [25]. In the EA extract spectrum, peaks at 2965.9 304 and 2902.2 cm^{-1} are attributed to the CH₂ and CH 305 stretching in the aliphatic backbone [22]. There were 306 significant differences in signal strength for the peaks 307

at 1814.0, 1028.1, and 929.8 cm⁻¹ when compared to 308 EA extract, with a few slight shifts (1715.7, 978.9, and 309 831.5 cm⁻¹) in EA-CuO NP spectrum indicating that 310 polyphenols, carboxylic acids, nitro compounds, and 311 alcohols present in EA extract play an important role 312 in reducing and capping process. The appearance of a 313 stretching peak at 435.5 cm⁻¹ is related to Cu-O bonds 314 of EA-CuO NPs that loaded on EA extract [27-29]. 315

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Fig. 3 a FTIR spectroscopic pattern of EA-CuO NPs and EA extract, b XRD pattern of EA-CuO NPs, c particle size distribution of EA-CuO NPs (DLS), and d zeta potential of EA-CuO NPs (surface charge) in an aqueous phase



316 **3.5 XRD analysis of EA-CuO NPs**

The XRD pattern peaks observed for EA-CuO NPs synthe-317 sized by EA extract are shown in Fig. 3b. Intense diffrac-318 tion peaks at 2O angles of 30.9°, 34.2°, 37.2°, 48.5°, 54.4°, 319 58.4°, 61.5°, 67.7°, 69.3°, and 77.2° correspond to 110, 002, 320 111, 202, 020, 202, 113, 311, 113, and 004 miller planes, 321 respectively. These diffractions agreed with a typical mono-322 clinic CuO NP nature based on literature [30, 31]. Accord-323 ing to the JCPDS standard, EA-CuO NPs showed complete 324 agreement by JCPDS card no. 801268. The crystallite par-325 ticle size was calculated from an XRD spectrum and was 326 found to be 18.32 nm using Debye–Scherrer's Eq. (2): 327

$$D = \frac{k\lambda}{\beta Cos\theta}$$
(2)

where *D* is the particle size (nm), *k* is the Scherrer constant=0.94, λ represents the X-ray wavelength (1.54060 Å), β is the full-width at half maximum of the peak, and 2 θ is the Bragg's angle.

333 3.6 Dynamic light scattering and zeta potential 334 analyses

Size distribution (dynamic light scattering) of EA-CuO
NPs was measured as hydrodynamic diameters ranged
10–1000 nm as shown in Fig. 3c. The Brownian motion of
NPs causes them to scatter the irradiated light at various
intensities. Based on the intensity of dispersed light, the zeta

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average can be calculated for NPs. Accordingly, the zeta 340 average is the maximum intensity of dispersed NPs in hydra-341 tion form in an aqueous phase [32]. In this study, the zeta 342 average of EA-CuO NPs was determined to be 77.22 nm. As 343 predicted, the zeta average value was greater than NP size 344 calculated by SEM, TEM, and XRD analyses. As seen in 345 Fig. 3d, the zeta potential of EA-CuO NPs was calculated to 346 be - 14.53 mV. In addition, zeta potentials are used to esti-347 mate the stability of synthetic nanoparticles by analyzing the 348 attractions and repulsions caused by fluctuations in charge 349 density [30]. Literature indicated that NPs with surface 350 charges outside the range of -30 mV and +30 mV exhibit 351 greater electrostatic stability. Meanwhile, bioactive metabo-352 lites' role in the stability of NPs was well-established by 353 many studies. Consequently, the presence of capping agents 354 is crucial to prevent the aggregated NPs from forming under 355 physiological conditions [30, 32, 33]. 356

3.7 Antimicrobial activity of EA-Cu NPs

The antibacterial activity of EA-CuO NPs was examined 358 against different bacteria and fungi strains. As seen in 359 Fig. 4, growth inhibition of EA-Cu NPs was determined 360 as dose-dependent modes for all microorganisms. Based 361 on well diffusion agar assay, the maximum inhibition at 362 200 µg/ml of EA-CuO NPs was found for K. pneumonia 363 and then S. saprophyticus and S. aureus with zone diame-364 ters of 30.4, 25.6, and 25.3 mm, respectively. According to 365 Table 2, the MIC values of all treatments were consistent 366

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with WDA results. In addition, S. aureus MRSA was 367 inhibited completely at a MIC value of 80 µg/ml, whereas 368 P. aeruginosa was more resistant as compared to other 369 bacterial strains. 370

Metal NPs have the unique property of having a large 371 surface area relative to their volume, which gives them 372 enhanced reactivity against various pathogens [34]. 373 According to several studies, Cu NPs display antimicro-374 bial activity after attaching to the plasma membrane by 375

generating free reactive oxygen species (ROS) [12, 35]. It has been demonstrated that Cu + ions can readily cross the lipid bilayer and enter the cytosol, leading to the generation of ROS and the oxidation of proteins and lipids. Furthermore, Joseph et al. (2016) suggest that NPs possess a high electrostatic attraction, which results in bacterial cells releasing components [36]. 382

Various factors influence the biological properties of Cu NPs, 383 such as their size, capping agents, and polarity. In many respects, 384



Fig. 4 Antibacterial activity assay of EA-Cu NP antibacterial activity assay of (a, b, c) against S. aureus and S. saprophyticus (grampositive bacteria), d, e, f against K. pneumonia and P. aeruginosa and g, h, i against C. glabrata and C. albicans. The graphs present zone inhibitions regarding corresponding plates at the right and left sides. The data are presented as mean \pm SD from three replicates. Different superscripts display differences between treatements (p-value < 0.05)

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Table 2Antibacterialperformance of EA-Cu NPs: thediameter of growth inhibitionzone and MIC for variousmicroorganisms

Microorganism	Concentration (µg/ml)							
	25	50	100	200	Inhibition at MIC	MIC		
S. aurous	5.1 ± 0.8	$10.4 \pm 2.21.0$	11.2±2.3	25.6±3.2	11.4±4.1	80		
S. saprophyticus	8.5 ± 0.9	10.8 ± 1.0	15.3 ± 2.1	25.3 ± 3.7	13.7±3.8	80		
K. pneumoniae	0 ± 0.0	15.4 ± 2.3	20.1 ± 3.4	30.4 ± 5.2	21.1 ± 6.7	80		
P. aeruginosa	5.2 ± 0.2	8.3 ± 2.7	14.7±3.6	16.1±4.2	10.6 ± 2.9	160		
C. glabrata	0 ± 0.0	9.4 ± 2.5	10.3 ± 3.2	12.5 ± 2.6	28.2 ± 6.1	600		
C. albicans	3.1 ± 0.4	11.5 ± 1.3	13.9 ± 2.4	16.1 ± 3.6	31.3 ± 7.0	600		

the results of this study are in agreement with those obtained by 385 Punniyakotti et al. (2020) [37]. In their study, Cu NPs synthesized 386 387 from Cardiospermum halicacabum leaf extract had high antimicrobial activity against P. aeruginosa (MTCC 424), E. coli (MTCC 388 4296), and S. aureus (MTCC 3160). Our study corresponds with 389 390 previous studies in demonstrating the importance of particle size, which has higher antimicrobial effects at a scale below 100 nm [27]. 391 Furthermore, coating agents also play an active role in biocom-392 patibility and stability within the physiological environment. This 393 study demonstrated the role of biological coatings in Cu NPs' bio-394 logical activity, which is consistent with other studies. For example, 395 396 Yugandhar et al. (2018) showed that Cu NPs prepared by Syzygium alternifolium plant extract has a synergistic antimicrobial effect with 397 antibiotics. In addition, they reported that the anticancer effect of 398 399 biological Cu NPs was significantly more effective [32].

Moreover, differences in the antimicrobial potency of NPs 400 can be attributed to bacterial cell structure. The present study 401 found greater antimicrobial effects against Gram-positive 402 bacteria than against Gram-negative bacteria and fungi. This 403 implies that the ability to bind NPs to biomolecules in bac-404 terial cell walls may be crucial. According to Menazea and 405 Ahmed (2020), CuNPs' antimicrobial activity against Gram-406 positive bacteria may be attributed to their strong binding to 407 carboxyl and amine molecules on bacteria's surfaces [38]. 408 As Kumar et al. (2021) suggested, Cu ions interact with the 409 bacterial genome and disrupt gene expression [39]. 410

Observations revealed that EA-CuO NPs had a weaker
antifungal activity than their antibacterial activity, so the
treatment dose was increased to 1000 µg to observe fungal
inhibition. In this case, the antifungal MIC was determined

to be 600 µg/ml (Table 2). According to Poonguzhali et al. 415 (2022), chitosan-coated Cu NPs possess the most antibacte-416 rial activity against Staphylococcus sp. and Pseudomonas 417 sp. and the least antifungal activity against Candida sp. and 418 Aspergillus sp. [40]. According to their findings, Cu NPs 419 showed greater antifungal activity with increasing doses up 420 to 300 µg/ml. Our results indicate that increasing the dose of 421 EA-CuO NPs inhibited the growth of fungi effectively. Evi-422 dence suggests that high-dose treatments could kill fungal 423 strains, but such treatments should be considered restricted 424 in practice because of the cytotoxicity effects of the NPs. 425 In this study, EA-CuO NPs demonstrated increased effec-426 tiveness against sensitive and resistant bacterial and fungal 427 pathogens. The studies indicated that Cu NPs might exert 428 different antimicrobial activities against different species of 429 bacteria and fungi depending on the physicochemical prop-430 erties of the NPs and the type of pathogens. 431

3.8 Antioxidant capacity of EA-CuNPs

EA-CuO NPs were examined for antioxidant activity based on 433 DPPH scavenging as well as H_2O_2 inhibition measurements in 434 comparison with ascorbic acid (AA) and EA extract. For both 435 assessments, IC₅₀ values for EA-CuO NPs, AA, and EA extract 436 were calculated based on concentrations ranging from 0 to 437 300 µg/ml. DPPH scavenging capacities of EA-CuO NPs, EA 438 extract, and AA were determined to have IC₅₀ of 35.46, 37.43, 439 and 95.31 g/ml, respectively (Fig. 5a). As shown in Fig. 5 b, 440 EA-CuO NPs were found to have IC50 of 70.11 µg/ml against 441 free H₂O₂. Furthermore, EA extract and AA were inhibited by 442

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H₂O₂ with IC₅₀ values of 56.80 and 37.98, respectively. This 443 antioxidant potential of EA-CuO NPs is attributed to their abil-444 ity to inhibit free radicals, inhibit enzymatic chain reactions, 445 and, most importantly, inhibit hydrogen absorption [41]. The 446 antioxidant properties of nanoparticles are largely attributed to 447 their ability to neutralize free radical oxygen species [34, 42]. 448 The presence of bio-reducing groups in the structure of biogenic 449 NPs has been found to confer substantial antioxidant activity 450 on these molecules [43]. As shown by Rehana et al. (2017), 451 biogenic Cu NPs possess the capability of neutralizing various 452 types of free radicals [42]. According to Din et al. (2017), plant 453 454 extracts containing flavonoids, polyphenols, sugars, and tannins increased the antioxidant activity of biogenic CuNPs [44]. 455

456 3.9 Cytotoxicity effects of EA-CuO NPs

EA-CuO NPs were dose-dependently cytotoxic to the KB 457 cell line, so increasing its concentration drastically reduced 458 cell survival. In Fig. 6, EA-CuO NPs exhibited more cyto-459 toxicity than EA extract, so their IC_{50} values were 15.86 460 and 40.60 µg/ml, respectively. Numerous studies have 461 established that NPs exert their toxicity through a variety of 462 mechanisms, including metabolic as well as structural inter-463 actions [39, 45]. Ghasemi et al. (2022) examined the cyto-464 toxicity of biogenic Cu NPs against SW480 Human Colon 465 Cancer Cell Lines. They observed that Cu NPs disrupt the 466 integrity of cell membranes and inhibit metabolic pathways 467 by generating free radicals within cells [46]. Since biogenic 468 nanoparticles are biocompatible, they possess lower toxicity 469 470 than chemical-based ones and display fewer disruptions to normal cell functions [47]. Although EA-CuO NPs exhibit 471 more toxic properties than EA extract, they may moderate 472 473 their toxic effects and enhance their biocompatibility [48].

474 **4 Conclusion**

In the present study, an attempt was made to synthesize
CuO NPs, using petal extract from *E. amoenum* as a
reducing and capping agent. The biogenesis of EA-CuO
NPs was conducted as anticipated, with favorable properties and bioactivities. According to the physiochemical

characteristics, EA-CuO NPs have a spherical shape and 480 are highly pure with a size below 100 nm. According to the 481 results, EA-CuO NPs displayed broad antimicrobial activity 482 against bacterial and fungal strains. However, EA-CuO NPs 483 demonstrated the strongest antibacterial activities against 484 Gram-positive bacteria and weak antifungal activity against 485 fungi. The antioxidant capacity of the EA-CuO NPs was 486 also demonstrated to be satisfactory compared with other 487 reports. Accordingly, this study may provide evidence of the 488 importance of the biological functions of EA extract in cap-489 ping CuO NPs and improving their bioactivity. Therefore, 490 bioactive therapeutic metabolites, such as flavonoids, poly-491 phenols, and terpenoids, contained in E. amoenum extract 492 can affect the behavior of synthesized CuO NPs and their 493 side effects. In our study, we found that EA-CuO NPs have 494 promising bioactivity; however, more extensive trials will 495 be needed to confirm their therapeutic efficacy. 496

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 Data availability
 All data obtained from experiments were used and analyzed throughout the manuscript.
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Declarations

Ethical approval and consent of participationAll authors are aware of513publication ethics and have consented to publish the manuscript. The514514ethical committee at LUMS granted permission for this research to be515515conducted under code: IR.LUMS.REC.1400.516

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